



WIDOWS HOME
OF DAYTON
A Legacy of Caring Since 1872

PARLOR
 · TALK ·

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 widowshome.org



It's Going to Be Big!

As anniversaries go, 150 years is a big one. In 2022, Widows Home is celebrating 150 years of service to the Dayton Community.

So, let's take a brief look back.

The Widows Home was dedicated in the memory of Nancy Trotter Bates, our founder. A widow herself, she first cared for orphaned girls in a small house where Miami Valley Hospital stands today. Nancy was a trailblazer, and in addition to caring for these young orphans, she played an integral part in creating what is now the YWCA in Dayton. (Which by the way, celebrated its 150th in 2020!)

continued on page 2

Surgery Won't Slow Her Down

Beverly is a dynamo. She is not one to just sit around waiting to get better. Bev came to stay at Widows Home following back surgery ... her 49th. Once discharged from the hospital she went home but found herself in terrible pain and unable to cope. Bev called her son, and she was taken to the Emergency Department. Following additional treatment at the hospital, her care team decided a short-term rehabilitation stay at Widows Home would help. And it has. Bev is really improving. She's involved with everything. If there's an activity she'll be there.

continued on page 3





It's Going to Be Big!

continued from cover

In 1866, the county stepped in and took responsibility for the care of the orphaned children, and by then, Mrs. Bates recognized another emerging need, care for widows of Civil War soldiers.

Today, although our focus has expanded our care to include men, our mission is still based on the foundation of Nancy Bates' philosophy to always "Ensure the best possible care to others."

150 years is a big deal. We're in the early planning stages for a celebration and considering ideas that include a block party, a luncheon and a gala. No matter how we decide to celebrate, you'll be invited to join us! So, keep an eye out for details.

If you're interested in helping plan, providing a sponsorship, or volunteering, call Linda at **937.252.1661**.

To learn about our unique history, visit our website at **WidowsHome.org**.

STAFF SPOTLIGHT

Fitness is More Than a Way of Life

Aaron Simon is not your typical maintenance man. As a matter of fact, he is the Director of Building and Grounds for Widows Home, and he's a muscle man!

Following high school, Aaron thought about a career in law enforcement, which is how he became interested in fitness and working out. After attending an Arnold Classic, training became his passion. He's worked at various gyms and is a certified personal trainer. But when you meet Aaron, you come to realize his biggest muscle is his heart!

Aaron has worked as a facilities director for several organizations but has a passion for long-term care. He loves the residents, and they love him too. Aaron puts down his tape measure every Tuesday afternoon to host a chair fitness class, which the residents enjoy attending. He plays loud music to get everyone in the mood. The exercises include stretching, reaching, punching, and flexing, all to keep everyone moving. Aaron is a great motivator and that's evident by the response he gets from those who attend his class. His passion for fitness doesn't end at home; he brings it to work too.





Surgery Won't Slow Her Down

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Bev tells us that due to her degenerative disk disease, she retired from the job she loved after 28 years of employment. She was married for 49 years, and she and her husband had 2 sons. She now lives alone but close to her sons and six grandkids.



I'd tell anyone, that if you need help after surgery to stay at the Widows Home. They have great activities and physical therapy, and they respect you. It's a good place to stay.



If you, or someone you know, would like more information about staying at Widows Home, please feel free to call Vikki at 937.252.1661.

Widows Home Receives OMA Training

What's OMA? Well, we're delighted to share that Widows Home has received two scholarships for Opening Minds Through Art for our Activities Team. In addition to the scholarships, \$2,000 to purchase art supplies has also been awarded. "We are so excited about this opportunity,"

said Jeni Chaney, Director of Activities. Trained volunteers will work alongside of residents that are struggling with cognitive disease, such as dementia, to create beautiful works of art. This is an evidenced-based program with demonstrated outcomes. Studies have shown that OMA programs have higher well-being scores than

other activities used with nursing home residents. Widows Home Assistant Director of Nursing, Melissa Puckett, used OMA at a facility where she formerly worked. "The results were amazing. The residents were engaged in every aspect of the project, and it was exciting to watch."



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A Legacy of Caring Since 1872

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INSIDE!

- 150 Year Celebration
- Staff Spotlight on Fitness
- Resident Spotlight:
49 Back Surgeries

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WidowsHome.org



A Legacy of Caring Since 1872



What is a Legacy?

Cambridge defines “legacy” as **“something that is a part of your history or that remains from an earlier time.”**

As we begin planning for our 150th Anniversary, we recognize one thing that hasn’t changed through all these years and that is the mission of Nancy Trotter Bates, our founder. The mission of providing care to those in our community who need it is as important today as it was 150 years ago.

Through the years we’ve used various statements in conjunction with our logo to represent our mission. We’ve said things like,

“Over 140 Years of Caring,” and “Over a Century of Caring,” but as time passes, these statements become obsolete.

We’ve recently created a new line that represents our mission through the passage of time, regardless of whether it’s 1872, 2022 or 2172 ...

A Legacy of Caring Since 1872

We’re proud of our legacy and we are excited to share our 150th Anniversary celebration with you! Don’t forget to be on the lookout for how we’ll be celebrating 150 years of caring for our community.